"Whatever you do, work at it with all your heart"

Colossians 3:23

Passing & Space

Year 3 - Autumn 1 & 2



Key Knowledge:

To know that:

- It is better to receive the ball in space
- I should scan around to be aware of where the space
- Use short and loud communication to make teammates aware you are ready to receive the ball
- It is important to use communication to make teammates aware you are receiving or sending the ball
- I need to take up the 'ready' position of hands in front of the body and eyes on the ball before receiving the ball
- It is most effective to pass to a team member who is in the most amount of space

Key Vocabulary:

Awareness-knowing where your opponents and teammates are around you

Scanning-using a quick look to see what is happening all around you

Weight– how 'heavy' or how much force to apply when passing a ball

Possession-when you or your team are holding or 'in possession of the ball'

Ready position-a position used before the ball arrives. Hands out to side, palms facing forwards and knees slightly bent.

