"Whatever you do, work at it with all your heart"

Colossians 3:23

Dribbling

Year 6 - Autumn 1 & 2

Key Knowledge:

To know that:

Þ Use lots of little touches of the ball to maintain control when space is limited

Þ Use touches of the ball which allow it to move in front of the foot when space is more available

Þ Use quick and constant head up scanning to identify where space is in relation to opposition

Þ Use a side on position when shielding so you be aware of where both the ball and the defender are

Þ Shield the ball when a pass or dribble is not available

Þ Shielding the ball allows teammates time to create space to receive the ball

Þ An effective team considers everyone's ideas and viewpoints equally

Þ Failing or losing a match provides an effective opportunity to learn and develop

Key Vocabulary:

Disguise - making a quick movement at the last moment so the opponent doesn't know you are about to do it

Drop the shoulder - to lower your shoulder and move your body weight to one side and then quickly move and travel in the opposite direction.

Side on - positioning the body so the side of the body is pointing towards the ball. This allows you to see where the ball is and an opponent, if they are standing behind you.

Resolving conflict - when there is a disagreement using strategies (e.g. rock, paper, scissors) to solve this in a respectful and compassionate way



