



"Whatever you do, work at it with all your heart"

Colossians 3:23

Dance

Year 5 - Autumn 1 & 2

Key Knowledge:

To know that:

- ▷ Unison means dancing the same movement at the same time.
- ▷ A change in direction can create interest in a dance.
- ▷ The order of dance movements in a sequence can change its overall effect.
- ▷ A sequence of movements can be repeated in a different order to create longer sequences.
- ▷ Dance sequences can be extended.
- ▷ Dance movements can happen in different directions.
- ▷ Chance choreo is when a dance is created by deciding the order of a sequence randomly. e.g. by rolling a dice.

Key Vocabulary:

Repetition-movement or motif are repeated exactly for. emphasis or to gain interest

Gesture-body moved (especially hands or feet) to share feeling

Motif-A single movement or short phrase of movement which expresses the style or the theme of the dance.

Structure-the way in which movement is organised and shaped to create a dance (for example, ABA)

