



"Whatever you do, work at it with all your heart"

Colossians 3:23

Passing & Space

Year 3 - Autumn 1 & 2

Key Knowledge:

To know that:

- ▶ It is better to receive the ball in space
- ▶ I should scan around to be aware of where the space
- ▶ Use short and loud communication to make teammates aware you are ready to receive the ball
- ▶ It is important to use communication to make teammates aware you are receiving or sending the ball
- ▶ I need to take up the 'ready' position of hands in front of the body and eyes on the ball before receiving the ball
- ▶ It is most effective to pass to a team member who is in the most amount of space



Key Vocabulary:

Awareness-knowing where your opponents and teammates are around you

Scanning-using a quick look to see what is happening all around you

Weight- how 'heavy' or how much force to apply when passing a ball

Possession-when you or your team are holding or 'in possession of the ball'

Ready position-a position used before the ball arrives. Hands out to side, palms facing forwards and knees slightly bent.

