

# PARTICIPANT KIT LIST



## CLOTHING

- Waterproofs**  
1 x Jacket  
1 x Trousers
- Tops**  
2 x T-shirts  
1 x Long sleeved t-shirt  
2 x Fleeces/jumpers
- Trousers or leggings**  
3 x Sets  
No jeans; they won't dry!
- Underwear and socks**  
Enough for each day, plus some extra pairs
- Footwear**  
1 x Sturdy shoes for activities  
1 x Old pair for watersports  
Flip Flops (for showers only)

- Clothes for the evening**  
1 or 2 sets
- Nightwear**  
Warm and snug!
- \_\_\_\_\_

### VISITING WHEN...

#### Hot & Dry

Shorts  
Cap/sun hat  
Sunscreen  
Insect repellent  
Sunglasses

#### Cold & Wet

Warm coat  
Hat & gloves  
Extra socks  
Flask  
Welly boots

*Extra layers for the evening are good, no matter the weather.*

## OTHER ITEMS

- Small rucksack/bag**  
For carrying lunch and spare clothes to activities
- Medication**  
Please ensure that you bring any medication that you may need.
- Towel**  
2 x towels, or 1 x quick dry towel
- Bin or carrier bags**  
2 x for wet and dirty clothing
- Drinks bottle**  
Reusable bottle
- Money**  
Check with your leader if you'll be needing any

## CAMPING

### YOU MUST BRING:

- Sleeping bag, roll mat, pillow**  
2-3 season sleeping bag
- Washbag**  
Body wash, shampoo, deodorant, toothbrush, toothpaste, hand sanitiser, sanitary products

### YOU MAY NEED:

- Headtorch/torch**  
With extra batteries

### DO NOT BRING...

Electrical devices  
Hand-held gaming devices  
Jewellery/valuables  
Excessive sweets  
Fizzy drinks

*Please note, mobile phones are not covered by our insurance.*

## OTHER

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### IMPORTANT

Please ensure that you bring any medication that you may need. You may not be able to take part in activities if you don't.

### LOST PROPERTY

Keep a list of what you pack to check off when you return home. If you do leave anything behind, please contact your party leader who will contact us. Postage will be charged for returning lost items. *Please ensure that all items are named.*

# LEADER KIT LIST



## CLOTHING

- Waterproofs**  
1 x Jacket  
1 x Trousers
- Tops**  
2 x T-shirts  
1 x Long sleeved t-shirt  
2 x Fleece/jumpers
- Trousers or leggings**  
3 x Sets  
No jeans; they won't dry!
- Underwear and socks**  
Enough for each day  
Extra pairs are useful
- Footwear**  
1 x Sturdy shoes for activities  
1 x Old pair for watersports  
Flip Flops (for showers only)

- Clothes for the evening**  
1 or 2 sets
- Nightwear**  
Warm and snug!
- \_\_\_\_\_

### VISITING WHEN...

#### Hot & Dry

Shorts  
Cap/sun hat  
Sunscreen  
Insect repellent  
Sunglasses

#### Cold & Wet

Warm coat  
Hat & gloves  
Extra socks  
Flask  
Welly boots

*Extra layers for the evening are good, no matter the weather.*

## OTHER ITEMS

- Small rucksack/bag**  
For carrying lunch and spare clothes to activities
- Medication**  
Please ensure that you bring any medication that you may need.
- Towel**  
2 x towels, or 1 quick dry towel
- Bin or carrier bags**  
2 x for wet and dirty clothing
- Drinks bottle**  
Reusable

## CAMPING ESSENTIALS

### YOU MUST BRING:

- Washbag**  
Body wash, shampoo, deodorant, toothbrush, toothpaste, hand sanitiser, sanitary products
- Sleeping bag & roll mat**  
2-3 season

### YOU MAY NEED:

- Head torch/torch**  
With extra batteries

## GROUP ESSENTIALS

- Medical forms**
- Medical kit**  
School approved
- Specialised medicines**
- Power banks**
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## CAMPING EXTRAS

### CAMPSITE:

- Marshmallows**  
And wooden skewers
- Bin or carrier bags**  
For wet and dirty clothing
- Head torch/torch**  
With extra batteries

### HEALTH AND HYGIENE:

- Hand sanitiser**
- Spare sanitary products**
- Notebook and pens**
- Hot water bottle**  
If you feel the chill!

### DO NOT BRING...

Jewellery/valuables

*Please note, mobile phones are not covered by our insurance, but we do have charging points available.*

## LOST PROPERTY

Keep a list of what you pack to check off when you return home. If you do leave anything behind, please contact us. Postage will be charged for returning lost items.