



"Whatever you do, work at it with all your heart"

Colossians 3:23

Dance

Year 3 - Autumn 1 & 2

Key Knowledge:

To know that:

- ⇒ Dancing at different levels improves a dance.
- ▷ Mirroring is copying a partner's movements at the same time as them.
- ▷ A canon in a dance is performing the same movement after one another
- ▷ Creating and using mind maps can help to develop dance ideas.
- ▷ The distance between partners in a sequence can be different.
- ▷ Sequences can follow different pathways.

Key Vocabulary:

- ▷ Expressive-showing emotion or feeling when performing
- ▷ Dynamics (nature of movement)-the energy, or effort, or force, or weight applied to movement
- ▷ Stimulus (the starting point for dance)-the starting point or incentive for creative movement.

